

March 17, 2020 –this situation is changing rapidly. Please continue checking [Hamilton Public Health's website](#) for the latest information.

## IMPORTANT information regarding COVID-19 assessment centres

Assessment Centres will ONLY see individuals **who have a referral** from their doctor or Hamilton Public Health Services by appointment only. Referrals are only made when someone is **unwell** with COVID-19 symptoms. Travel history alone is not a reason to be tested.

### If you believe you need to be tested, follow these steps

1. Complete **online self-assessment** at <https://www.ontario.ca/coronavirus>. Follow their instructions.
2. Based on results of online self-assessment contact:
  - Hamilton Public Health Services COVID-19 hotline: 905-974-9848
  - your family doctor
  - OR Telehealth Ontario 1 866-797-0000 for further direction.
3. If you need to be tested, you'll be given an appointment time to visit an assessment centre.
4. Remember, not everyone will be tested.

### Testing will not affect medical care

Ask yourself, if it weren't for COVID-19, would I be seeking medical care?

Being tested for COVID-19 and the results of that test will not affect your medical care. **ONLY** seek testing if you are unwell.

If you are experiencing an emergency, call 9-1-1 or visit the nearest emergency department.

Learn more about [Assessment Centres](#).