

## **Maccess Itinerary**

### **Monday September 21st**

Event Title: Accessible Perspective

Time: 11:30 AM - 4:30 PM

Location: MUSC/Mills Plaza

Description:

This event aims to give able-bodied students a glimpse into some of the challenges faced by individuals with physical disabilities with the aim of increasing awareness surrounding barriers to accessibility. Students will have the chance to use a wheelchair to complete a set route on campus with the session facilitators. The facilitators will brief students on the event, and will then travel with them around the route discussing accessibility barriers on campus. Once returning they will then discuss the student's experience and debrief what this means for accessibility advocacy.

Event Title: Low Vision Seminar

Time: September 21st, 4:30 PM - 6:30 PM, and 6:30 PM - 8:30 PM

Location: TwelvEighty

Description: The Canadian National Institute for the Blind (CNIB) is an organization that provides a variety of research, advocacy, and services for those with low or no vision. The MSU's TwelvEighty Bar & Grill will be hosting representatives from CNIB to facilitate interactive sessions with students, which allow students to understand some of the challenges faced by people with vision loss. They will also be able to learn how to be a sighted guide, and hear about the experiences of a CNIB volunteer and their guide dog.

### **Tuesday September 22nd**

Event Title: Beginner ASL Instruction

Time: 4:00 PM - 10:00 PM

Location: McMaster University Medical Centre 1A3

Description: As part of campaign programming, the MSU will be providing beginner American sign language (ASL) classes to students. These sessions are designed to provide students with an opportunity to learn the basics of ASL, including ABC's, numbers, common everyday words, and conversations. Students will then be better equipped to communicate with other students and staff on campus. The session will be facilitated by Tina Pacheco, a certified ASL instructor.

Event Title: Making Campus Mad Positive and Accessible for Students with Mental Health Disabilities

Time: 10:30 AM - 11:20 AM

Location: CIBC Hall

Description: In this presentation and discussion, the Mad Students Society will talk about making campus more Mad Positive and accessible by promoting the goals of the Mad Movement and non-medical understandings of madness and support. Come learn about Sanism and share examples of Sanism you have experienced, witnessed, or enacted. Featuring: buttons, zines, a picture book, and an episode of Magic School Bus. All are welcome.

### **Wednesday September 23rd**

Event Title: Spoon Theory in Practice

Time: 12:30 PM - 1:30 PM

Location: MUSC/Mills Plaza

Description: Being a young adult is all about making important choices—what to study, who to date, where to go—but as students with chronic illness we have to make a few more than your average student. Living with fatigue and chronic pain often forces you to choose between going to class and making a meal, between having a shower and writing a paper, or between going out with friends on a Friday and being a functioning human being on Sunday. Christine Miserando of “But You Don’t Look Sick” describes this process as living with a limited number of “spoons”, where you are forced to spend a spoon for every activity you want to undertake. In this activity, students are invited to consider how they spend their “spoons”, and how it is possible to prioritise your life when you will always be at least one spoon short.

Event Title: Anti-Oppression Training

Time: 4:30 PM - 8:30 PM

Location: MSU TwelvEighty

Description: Anti-oppression training allows students, faculty, and staff to learn from MSU's Diversity Services on the variety of student interests and needs on our campus. It helps make students more cognizant of how their behavior, words, and actions affects others, and ensures that all community members create a more inclusive space for students. Attending this event will allow students to challenge their preconceptions, their current mindset, and grow through critical discussions, and facilitated reflection.

### **Thursday September 24th**

Event Title: Speech by David Lepofsky

Time: 11:00 AM - 1:00 PM

Location: CIBC Hall

Description: David Lepofsky is an AODA expert who specializes in accessibility legislation in Ontario. Mr. Lepofsky has spoken at MSU events before, chiefly the MSU Accessibility Forum hosted last November 2014. We look forward to joining with Mr. Lepofsky again to discuss work that is being done to advance accessibility in the province, and how students can get involved.

Event Title: Accessibility Fair

Time: 2:30 PM - 4:30 PM

Location: MUSC/Mills Plaza

Description: If you're new to McMaster, or are still learning more about what the school has to offer, this Accessibility Fair can be extremely valuable. Made up of a variety of student clubs, university departments, and community organizations, the goal of this event is to provide students with information, resources, and support related to disabilities they may be experiencing.

Event Title: Ontario Blind Sports Association Demo

Time: 2:00 PM - 4:00 PM

Location: Alumni Field

Description: The world of adapted athletics is fast-paced, high-energy, and incredibly diverse. Adapted sport can be a huge factor in improving the health and self-esteem of people with disabilities—but it's also just plain fun. In this session, top athletes and demonstrators from the Ontario Blind Sports Association will be on hand to demonstrate guided running, goal ball, and other blind track events. Students will have the opportunity to watch and learn from elite athletes, and maybe try on a pair of eyeshades and give guided running a try! And don't worry—we told the athletes to go easy on you.

### **All Week**

MSU Accessibility News Article - Discussing the MSU's work on accessibility this year and in to the future.

McMaster AODA Update - Provided by HRES, to give students a better idea of where our campus is in terms of fulfilling its AODA requirements.

Banner - A "What Does Disability Mean to You?" Banner will be stationed in MUSC/Mills Plaza where students can sign.

Chalking Campus - Students will be chalking areas of campus each evening with different colours of chalk corresponding to different levels of accessibility. This will help students traversing campus to become more cognizant of disability barriers.

Cartographr - We will be promoting the Cartographr app, which allows students to pinpoint barriers on campus and upload them to a McMaster campus map. These will then be present for all students using the app to see, and will also alert Facility Services about barriers.

Student Profiles - Each day of the week, the MSU will be releasing a student profile with students discussing their experience on campus regarding accessibility.